Best Practice: Installation of sanitary napkin vending machine in all KGBVs and Residential Girls’ Hostels:

Menstruation in India has traditionally been associated with myths and taboos and adolescent girls find it extremely difficult to even discuss the issue with their parents or elders in the family.

As per study in India only 12% of women use Sanitary Napkins. It is observed that 20% of girls did not use toilet in school during menstruation for fear of staining it, and many girls had no idea about menstruation when they started with their periods. Of those who had some idea, only 16% received any information in school.

So, for educating and creating awareness for use of Sanitary Napkins and provide easy access to Sanitary Napkins using Vending Machine is of prime need in addition to the awareness about menstrual health and hygiene.

Sanitary Napkin Vending Machine is a Self-Service Vending Machine used for dispensing Sanitary Napkins against acceptance of Coins. Proposed Vending Machine has loading capacity of few napkins with display for showing Napkin Stock availability.

In our state we have installed sanitary napkin vending machine in all Kasturba Gandhi Balika Vidyalaya Type I & IV and in residential girls’ hostel. This has generated awareness about menstrual health and hygiene among the girls.
A safe, hygienic, scientific & quick method of disposal of sanitary napkins is to incinerate them at relatively low temperature to harmless sterile ash. It helps in instant disposal of used napkins in a very scientific and hygienic way without generating harmful emissions. So in each KGBV one incinerator has also been installed.